

Hillbeck Newsletter

March 2022

We hope you enjoy reading about all the exciting things that happen at Hillbeck and what we have coming up.



Internal Activities

We have a range of activities taking place every morning and afternoon... These include Bingo, Arts & Crafts, Quiz's, Sing-a-longs, Armchair Exercise's, Games and much more.

March 1st - Shrove Tuesday

March 17th - St Patricks Celebrations

March 23rd - Trevor Osbourne Acoustic Guitarist

March 25th - Holy Cross

Birthday's This Month

Pamela – 24th March

Quote of the Month

Courage is not having the strength to go on.
It is going on when you don't have the strength

Getting to know our staff

Employees of the month



Hayley



Ina

Thank you for all your hard work to all our staff throughout the year.

Hillbeck News

Residents who remained in their rooms were all given
Activity packs to keep them busy and
Activity Staff visited them for one to one chats.

Some residents had a good old sing-a-long in the corridors; they
obviously did not want to miss choir practice.

It was lovely to still hear some singing along.

Residents enjoyed celebrating Chinese New Year,
They had fun making and decorating Chinese lanterns.

All the decorations looked pretty and bright hanging on the walls
around Hillbeck.

It was interesting for the residents to find out about the
Chinese Customs and they enjoyed Chinese food for lunch.

Two weeks later we had Valentine's Day celebrations.
We had a group discussion about the traditions and history of
Valentine's Day.

Residents took part in two themed quizzes, one all about Love and
the other was Valentine's general knowledge.

Many Residents found it very rewarding completing Word
searches and crosswords associated with Valentine's Day.

In the afternoon everyone found it very relaxing watching
Breakfast at Tiffany's.

It was exciting for them to watch a romantic film on Valentine's
Day.

We held our monthly Residents meeting.
Everyone was happy to chat about ideas for new activities and outings.

It was a very positive meeting.

There were even some recipe ideas for the chef.

Take Care & Stay Safe







