

# Park View Newsletter

November 2021 issue

*Throughout our newsletter you can expect to read a little bit about what goes on here at Park View, where*



*everyone is made to feel welcome with our warm, friendly atmosphere, a real home away from home for all.*

Residents celebrating their birthday this  
month are...

9<sup>th</sup> – Shirley

15<sup>th</sup> – Frank

16<sup>th</sup> – Valarie

26<sup>th</sup> – Gwen E

# November 2021

## Entertainment

Gavin and the team performed their Gig at St Augustine's Church on Saturday 30<sup>th</sup> October and it was a great success! If you missed it, it is available to watch on You Tube until the end of November :-

<https://youtu.be/OJ0bw3UBpKg>

As the seasons change and it gets colder its so important to keep exercising. Rosa has introduce Rise and Shine with Rosa, a morning exercise programe with gentle streches and lots of laughs that is suited for our residents!

In-House activities are as follows:

Scrabble, Jenga and Puzzles

Art and Crafts

Reminiscent Games

Quizzes

Bingo

Mature Projects

Word Searches

Observation Games

Sing along with Rosa







# Rosa's Round Up

Hi all,

We've had a lovely month doing lots of Halloween activities, colouring, puzzles, and physical games etc. that have given our residents a real sense of the season. As you can see from the pictures everything has been season based, the items that are picked up with the grabber, word searches, games, and colouring. It's been lovely to see the residents working together in small groups and pairs, problem solving puzzles, playing games, building friendships and socialising.

We started the month with a visit from one of our staff's dogs "Rocky" Residents and staff loved seeing and petting him, animals bring such a joy to us all!

It has also been lovely to see that Family members have been able to take their loved ones out for tea/coffee and cake or lunch and have been able to spend quality time with them, not back to normal by any means, but a joy to see!

Finally for this month, a special thank you to the trotter family for their donation to our resident's fund, generated by a go fund me page in memory of Violet Trotter, she was a much loved and cherished resident and we miss her every day. We hope to put the money to good use by using it to buy sensory, motor skills and cognitive items to enhance the residents stay with us.

All the best, stay safe and warm!

Love from Rosa xx.