

The Oast Newsletter

NOVEMBER 2021



RESIDENTS CELEBRATING THEIR BIRTHDAY THIS MONTH ARE....

16TH DAPHNE W



A decorative border of colorful fish, primarily orange and black striped, surrounds the entire page. The fish are arranged in a rectangular frame, with some fish pointing in different directions.

Quote of the Month

You will find that it is
necessary to let things
go; simply for the reason
that they are heavy. So let
them go, let go of them.
I tie no weights to my
ankles.

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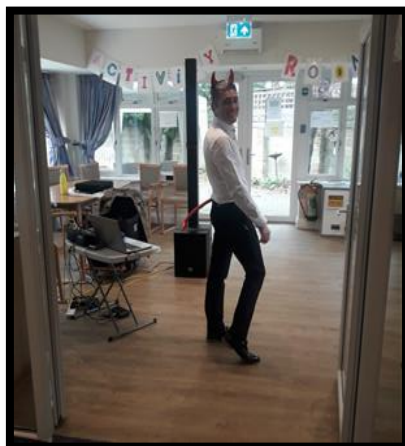
A decorative border of colorful fish, primarily orange and black striped, surrounds the text. The fish are arranged in a rectangular frame, with some fish pointing left and others right, creating a lively, aquatic theme.

WHAT HAVE WE BEEN UP TO???..

THIS SPOOKY MONTH THE RESIDENTS HAVE BEEN DOING PLENTY OF EXERCISING, QUIZZES, BINGO AND LOTS OF HALLOWEEN ACTIVITIES. WE HAD PUMPKIN CARVING, DECOARTING THE HOME, A HALLOWEEN PARTY WITH SINGER KEVIN WALSH AND FANCY DRESS AND LAST BUT NOT LEAST WE HAD SINGER PETER KNEEBONE IN.

THE RESIDENTS HAD THE CHROPIDIST IN AND IS DUE BACK MIDDLE OF NOVEMBER. COVID BOOSTERS HAVE BEEN GIVEN ASWELL AS A FLU IMMUNISATION AND THE HAIR DRESSER COMES REGUALRY EVERY THURSDAY.

COMING UP IN NOVEMBER WE HAVE A NEW SINGER LIAM JOSEPH HE DOES A RANGE OF JAZZ AND SWING, WE ARE EXCITED TO HEAR HIM. WILD SCIENCE ARE COMING BACK WITH THEIR BEAUTIFUL ANIMALS TO SHOW US, THE RESIDENTS ARE REALLY LOOKING FORWARD TO THAT.





RESIDENT OF THE MONTH

BEATRICE

A.K.A BETTY OR BETTY BOO. BETTY IS A WOMEN OF MANY TALENTS. HERE AT THE OAST SHE REGUARLY WINS ARTIST OF THE WEEK FOR HER AMAZING DRAWINGS AND COLOURING IN. SHES VERY CREATIVE AND ALWAYS JOINS IN WITH ARTS AND CRAFTS. SHE PLAYS THE HARMONICA AND GETS THE RESIDENTS SINGING ALONG, OR JOINS WITH THE SINGERS. SHES ALWAYS FIRST UP ON THE KARAOKE MACHINE AND LOVES TO SING CHURCH SONGS. SHE BAKES HERE AT THE OAST AND MAKES GOREGOUS TASTING CHEESE STRAWS FOR US ALL. ONE OF HER OTHER TALENTS IS POEM WRITING IN HER SPARE TIME. SHE IS AN INCREDIBLE WOMEN. THREEE CHEERS FOR BETTY BOO!



IN THE OAST LOOKING OUT!

There really is such Beauty
Here for us to see
The birds they sing so sweetly
From every bush and tree

The shrubs and flowers
They bloom in bright array
And really brighten up
The very darkest day

Nature is so wonderful
Its beauty there to see
The sun it shines so brightly
We're so lucky its there for you and me

Just think of all the good things
When you felt so very sad
Try not to grumble
Because most things are not so bad

That's when I look to heaven
And offer up my prayer
To thank god for the good things
He's given us to share

By Betty Taylor

★ We're kindly asking for raffle donations for our Oast Christmas Raffle. All money made from the Oast raffle will go toward the resident funds for them to buy fun things they would like or need.

Chocolates

Toiletries

Teddies

Gift Sets

Books

Vouchers

We would very much appraite all donations.

Thank you.



CHRISTMAS

VISITS

A LITTLE REMINDER FOR FAMILIES. THIS YEAR AS YOU MAYBE AWARE RESIDENTS ARE ABLE TO LEAVE THE HOME FOR CHRISTMAS TO SPEND TIME WITH THEIR LOVED ONES. THESE ARE NOW BEING BOOKED BY MANAGEMENT AND CAN FAMILIES CONFIRM THEIR PLANS AS SOON AS POSSIBLE, THANK YOU.

FOR RESIDENTS THAT ARE UNABLE TO LEAVE THE HOME THEIR VISITS WILL BE PRORITISED OVER CHRISTMAS AND WE ARE NOW TAKING BOOKINGS OVER CHRISTMAS DAY, BOXING DAY AND NEW YEARS.