

The Oast Newsletter

OCTOBER 2021



RESIDENTS CELEBRATING THEIR BIRTHDAY THIS MONTH ARE....

JILL 4th

MARIAN 23rd



Quote of the Month





WHAT HAVE WE BEEN UP TO???

THIS MONTHS HAS BEEN A BUSY MONTH AND NOW THE AUTUMN IS APPROACHING WE HAVE PLENTY OF ACTIVITIES COMING UP. ALTHOUGH SEPTEMBER HAS BEEN A WARM ONE, RESIDENTS HAVE ENJOYED THE LUXURY OF THE GARDEN, HAVING ICE LOLLIES AND ALSO THE OUT DOOR VISITS ARE STILL ABLE TO GO AHEAD.

THIS MONTH RESIDENTS HAVE ENJOYED SINGERS PETER KNEEBONE AND KEVIN WALSH. THEY'VE ALL SANG ALONG AND DANCED AWAY TO THERE DIFFERENT TYPES OF MUSIC. THEY'RE SOOO GOOD THE RESIDENTS HAVE REQUESTED THEM AGAIN FOR NEXT MONTH.

WE HAVE BEEN SUPER BUSY STAYING ACTIVE AND HEALTHY BY DOING ARM CHAIR EXERCISES MOST DAYS.

RESIDENTS HAVE BEEN CREATIVE BY DOING ARTS AND CRAFT DECORATING THE HOME WITH AUTUMN DECORATIONS. THEY'VE ALL ENJOYED THERE WORD SEARCHES AND WE WOULD LIKE TO SAY A BIG THANK YOU TO FAMILIES WHO DONATE US MAGAZINES THE RESIDENTS THOROUGHLY ENJOY READING THESE.

THIS MONTH THE RESIDENTS WERE PAMPERED WITH FOOT SPAS. THEY HAD THERE FEET WASHED, MOISTURISED AND MASSAGED, THEIR TOE NAILS PAINTED TO, SOME EVEN MATCHED FINGERS WITH TOES.

ON FRIDAYS RESIDENTS HAVE BEEN ENJOYING THERE BINGO... MEMBERS OF STAFF HAVE BEEN BRINGING IN THERE PUPPIES AND DOGS FOR RESIDENTS TO SEE CUDDLE AND PET.

WE'VE HAD SINGERS KEVIN AND PETER IN. THE RESIDENTS LOVE SINGING ALONG.

COMING UP IN OCTOBER WE HAVE LOTS OF HALLOWEEN ACTIVITIES, SINGERS KEVIN AND PETER AND LOTS OF ACTIVITIES.



VISITS

WE MUST REMIND FAMILY MEMBERS THAT FULL PPE MUST BE WORN. HAND SANITIZER ON HANDS OR WEAR GLOVES, A MASK OR A VISOR, AND MUST WEAR APRONS ON INDOOR VISITS OR A GARDEN VISIT WHERE FAMILIES WISH TO NOT KEEP THERE DISTANCE. WE WOULD ASK FOR FAMILIES TO BOOK THERE APPOINTMENTS 1 WEEK A HEAD VIA THE VISITING PHONE WHICH OPERATES 9 TILL 3 MON TO FRIDAY 07599029903. PLEASE CALL BACK LATER ON IF WE DO NOT ANSWER. DO NOT LEAVE VOICEMAILS AS THIS DOESN'T NO OFTEN GET CHECKED.

OUTINGS THAT ARE BOOKED WILL NEED TO BE RISKS ACCESSED BY LOUISE BEFORE. EVERYONE WHO ENTERS THE HOME WILL NEED PROOF OF A NEGATIVE LATERAL FLOW TEST.

WEEKENDS

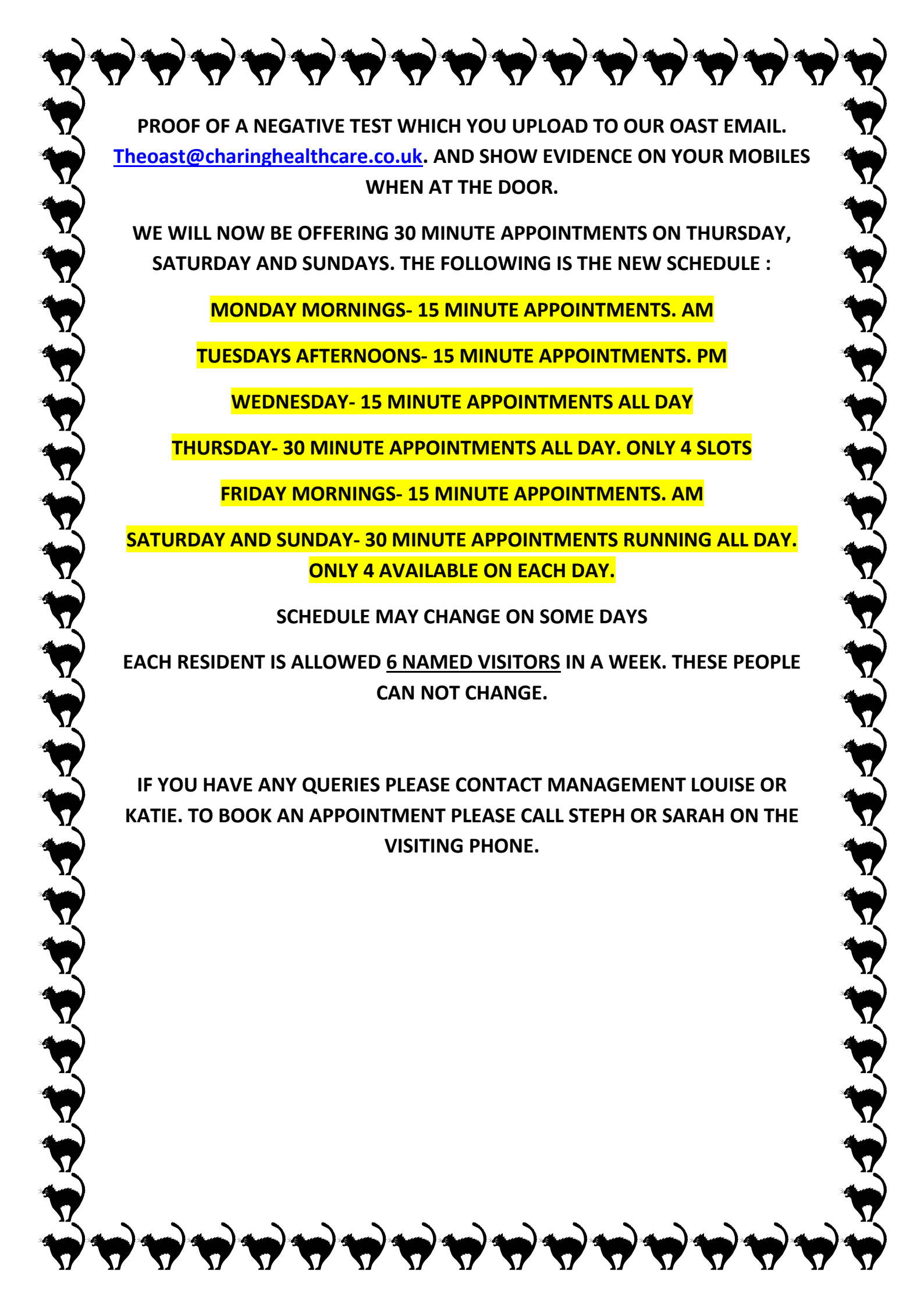
WINDOW VISITS ARE STILL TAKEN PLACE. ON THESE VISITS IF YOU WISH TO KEEP THE WINDOW OPEN U WILL NEED TO WEAR FACE COVERING. IF YOU WOULD LIKE THE WINDOW CLOSE YOU WILL NOT HAVE TO WEAR A FACE COVERING AND THE VISITING PHONE CAN BE USED FOR THESE VISITS TO SPEAK TO THE RESIDENTS. AS OF OCTOBER YOU WILL ALSO HAVE THE OPTION TO COME INSIDE. WE WILL BE RUNNING VISITS FOR 30 MINUTES AT

THE WEEKEND

GARDEN VISITS

WHEN A VISIT TAKES PLACE AND FAMILIES DO NOT TAKE A LATERAL FLOW TEST THAT MORNING YOU WILL HAVE TO KEEP 2 METERS DISTANCE FROM THE RESIDENTS AND WEAR FULL PPE. RESIDENTS WILL ALSO NEED TO WEAR FACE COVERINGS. IF YOU DO TAKE A LATERAL FLOW TEST THAT MORNING YOU WILL BE ABLE TO SIT CLOSE/NEXT TO RESIDENTS BUT MUST STILL WEAR FULL PPE. AS THE WEATHER IS GETTING COLDER WE ARE NOW OFFERING INDOOR VISITS AT THE WEEKENDS.

FOR A CLOSE CONTACT (GARDEN OR INDOORS) VISIT WEEK DAYS OR WEEKENDS YOU MUST TAKE A LATERAL FLOW TEST AND SHOW STAFF



PROOF OF A NEGATIVE TEST WHICH YOU UPLOAD TO OUR OAST EMAIL.
Theoast@charinghealthcare.co.uk. AND SHOW EVIDENCE ON YOUR MOBILES
WHEN AT THE DOOR.

WE WILL NOW BE OFFERING 30 MINUTE APPOINTMENTS ON THURSDAY,
SATURDAY AND SUNDAYS. THE FOLLOWING IS THE NEW SCHEDULE :

MONDAY MORNINGS- 15 MINUTE APPOINTMENTS. AM

TUESDAYS AFTERNOONS- 15 MINUTE APPOINTMENTS. PM

WEDNESDAY- 15 MINUTE APPOINTMENTS ALL DAY

THURSDAY- 30 MINUTE APPOINTMENTS ALL DAY. ONLY 4 SLOTS

FRIDAY MORNINGS- 15 MINUTE APPOINTMENTS. AM

**SATURDAY AND SUNDAY- 30 MINUTE APPOINTMENTS RUNNING ALL DAY.
ONLY 4 AVAILABLE ON EACH DAY.**

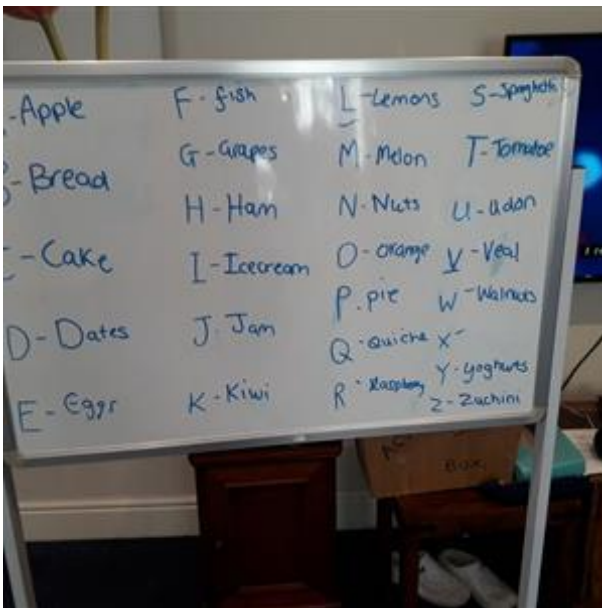
SCHEDULE MAY CHANGE ON SOME DAYS

EACH RESIDENT IS ALLOWED 6 NAMED VISITORS IN A WEEK. THESE PEOPLE
CAN NOT CHANGE.

IF YOU HAVE ANY QUERIES PLEASE CONTACT MANAGEMENT LOUISE OR
KATIE. TO BOOK AN APPOINTMENT PLEASE CALL STEPH OR SARAH ON THE
VISITING PHONE.







RESIDENT IN THE SPOTLIGHT

WILLIAM ADAMS



William Ernest Alfred Adams, Ld'H

Bill was born in Upper Halling near Rochester in 1925. He was one of twelve children. He started work at 14 in the Wood Yards. Following the outbreak of the war he was briefly in the Home Guard before joining the Royal Navy on April 23rd, 1943 just after his 18th birthday. He did some of his training at Chatham Dockyards and then joined the Escort Sloop, *HMS Pelican* as an Ordinary Seaman and served on her till April 29th, 1946. When Bill joined the *Pelican* they were involved in protecting military convoys heading for the Mediterranean. Later they moved to anti-submarine patrols and escort of Atlantic convoys. During this period *Pelican* took part in the sinking of *U-Boat 448* and the rescue of its crew. By May 1944 Bill was an Able Seaman and *Pelican* was engaged in Operation Neptune on patrol in the Bay of Biscay to prevent U-Boats entering the Channel during the build-up for the Normandy Landings. During the initial phase of the Landings *Pelican* escorted troop carriers and support vessels through the swept channel to the Omaha Beach head. *Pelican* was then detached from escort duty and went on anti-submarine patrol to keep U-Boats out of the Channel whilst the landings continued. In August 1944 *Pelican* was withdrawn from Operation Neptune and assigned to support the Eastern Fleet. On route *Pelican* was damaged and had to return to Italy for repairs. Bill was demobbed in Malta in October 1946 and returned home and had several jobs including at Rugby Cement Works and Sharp's Toffee Factory. He then worked as a crane driver and fork lift driver for many years until his retirement at Reed's Paper Mills.



He married Peggy in 1952 and had three daughters. Although the family knew Bill was in the Royal Navy during the war he never spoke about it. The first the family knew he had taken part in D-Day was when he saw the 70th anniversary news coverage and said *I remember that day well, I came up with the Captains tea and had never seen so many ships. Nobody had told us what was happening until the day.*

Bill

Bill Adams, Ld'H



INTODUCING KATIE OUR NEW HEAD OF CARE



KATIE HAS WORKED IN CHARING FOR OVER 5 YEARS AS A SENIOR ROLE. SHE HAS BEEN PROMOTED TO HEAD OF CARE HERE AT THE OAST. WE FEEL VERY LUCKY YO HAVE HER. SADLY WE SAID GOODBYE TO MARY WHO HAS BEEN PROMOTED TO MANAGER AT ANOTHER HOME IN CHARING HEALTHCARE. WE WISH KATIE ALL THE BEST AND SHE WILL BE A GREAT ASSEST TO THE TEAM.

WELCOME ABOARD !

