

The Oast Newsletter

MARCH 2021



RESIDENTS CELEBRATING THEIR BIRTHDAY THIS MONTH ARE....



Pamela C- 1st

QUOTE OF THE MONTH



"A mother is your
first friend, your
best friend, your
forever friend."

— Unknown



“
Spring: a lovely
reminder of how
beautiful
change can truly be.

✧



GH



WHAT HAVE WE BEEN UP TO...

THIS MONTH THE OAST HAVE FELT THE LOVE WITH THE VALENTINES DAY BALL. WE HAD A KARAOKE SING ALONG TO THE ULTIMATE LOVE SONGS AND DANCED AWAY. RESIDENTS WERE TREATED TO LOVE POTIONS (MOCK TAIL DRINKS) AND MELTED CHOCOLATE AND STRAWBERRIES. RESIDENTS WERE GIVEN A BISCUIT WITH THERE OWN INITIALS ON THEM AND WERE GIFTED HOME MADE CHOCOLATE SWEET CONES.

FOR VALENTINES DAY RESIDENTS DECORATED THERE OWN HEART SHAPED BISCUITS WITH SPRINKLES AND ICING. WE MADE OUR OWN TABLE CENTRE PIECES FOR OUR VALENTINES BALL.

WE HAD PANCAKE DAY WITH THE OAST CAFÉ. RESIDENTS PICKED OUT THEIR ORDERS FROM OUR DELICIOUS MENU. WHICH HAD A VARIETY OF SAUCES AND TOPPINGS. THEY WERE YUMMY.

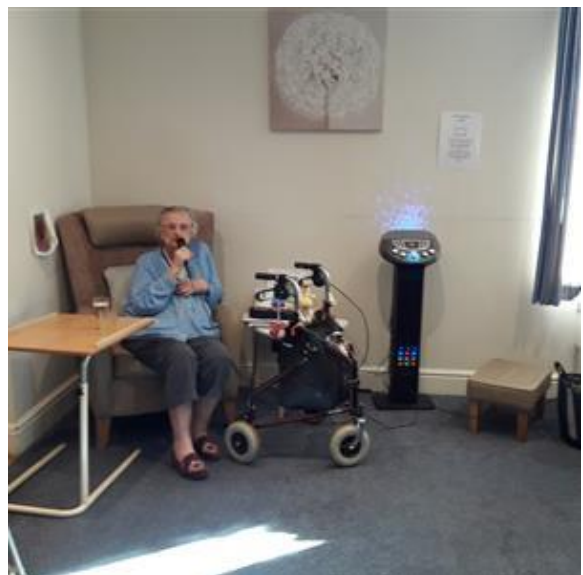
THIS MONTH WE CELEBRATED THE CHINESE NEW YEAR. WE MADE OUR OWN CHINESE LATERNS, LEARNT ABOUT OUR ZODIAC SIGNS AND WE HAD A CHINESE TASTER DAY, WERE WE EXPLORED AND TRIED DIFFERENT FOOD. WE ORDERED A CHINESE TAKEAWAY AS REQUESTED BY RESIDENTS WHICH THEY ALL ENJOYED.

TO END OF A BUSY MONTH WE HAD A JOINT BIRTHDAY CELEBRATION WITH TWO RESIDENTS WHICH THEY REQUESTED A KARAOKE PARTY AND A KFC. IT WAS A GREAT MONTH.

STEPH AND SARAH ARE KEEPING ON TOP OF THE NAILS, SO OUR LOVELY LADYS AND GENTS ARE STILL KEEPING THERE APPEARANCE DURING LOCK DOWN. ALTHOUGH THE VISITS DO KEEP THEM BUSY THEY ARE STILL MANAGING TIME FOR BINGO, EXERCISING, GAMES FOOTSPAS AND PLENTY MORE FUN FILLED ACTIVITIES.











It's a Boy!

We would like to Congratulate Kassi our senior on her upcoming baby boy.

We hope you enjoy your maternity and wish YOU the very best!!

Thank you to all the staff that contributed toward Kassi's gifts





Mother's Day Specials

MOTHERS DAY

OUR LOVELY RESIDENTS WILL BE CELEBRATING MOTHERS DAY WITH AN AFTERNOON TEA ON FRIDAY 12TH OF MARCH.

REMEMBER TO BOOK IN YOUR VISITS!

WE HAVE OPEN SLOTS FOR WINDOW VISITS ON SUNDAY 14TH MARCH!!





THANK YOU!

FROM EVERYONE AT THE OAST!

WE WOULD LIKE TO SAY A MASSIVE THANK YOU TO MRS HAGUE FOR THE DONATION RECEIVED IN MEMORY OF MELVYN THE AMAZING DONATION OF £275.

WE ARE VERY GRATEFUL. THE DONATED MONEY WILL BE GOING TOWARDS OUR RESIDENT FUNDS SO WE ARE ABLE TO BUY ITEMS FOR OUR GARDENING CLUB WHICH WILL BE STARTING UP IN MARCH

XXXXX



EMPLOYEE OF THE MONTH

MARZENA

**THANK YOU FOR BEING SO CARING AND THOUGHTFUL AND
PROVIDING US WITH HAIR SERVICES DURING LOCK DOWN**

**VERY MUCH APPRIATED!!
WELL DONE!**

VISITING UPDATE **THE OAST CARE HOME- COVID- 19 VISITING PROTOCOL** **MARCH 2021**

**DUE TO AN UPDATE ON GOVERNMENT GUIDELINES WE HAVE MADE
CHANGES TO THE WAY VISITS ARE BEING TAKEN PLACE.
LOUISE (MANAGER) HAS SENT A NEW UPDATED VISITING PROTOCOL TO
RELATIVES VIA EMAIL. IF THIS EMAIL HAS NOT BEEN RECEIVED, FAMILIES CAN
REQUEST THE EMAIL THROUGH LOUISE.
THE UPDATED PROTOCOL WILL START FROM THE 8/3/21.**

**TO BOOK VISITS/CONTACT CALLS/ VIDEO CALLS RELATIVES WILL NEED TO
PHONE THE VISITING PHONE, WHICH WILL BE AVAILABLE MONDAY TO
FRIDAY 9 AM TO 3PM TO MAKE YOUR APPOINTMENTS. THESE BOOKINGS
WILL BE MADE BY STEPH OR SARAH. THE VISITING TELEPHONE NUMBER IS
07599029903. THIS MEANS RELATIVES MUST NOT CONTACT THE OAST
TELEPHONE FOR ANY TELEPHONE CONTACT, THIS IS SO WE CAN KEEP OUR
PHONE LINES FREE FOR ANY EMERGENCIES. THANK YOU.**

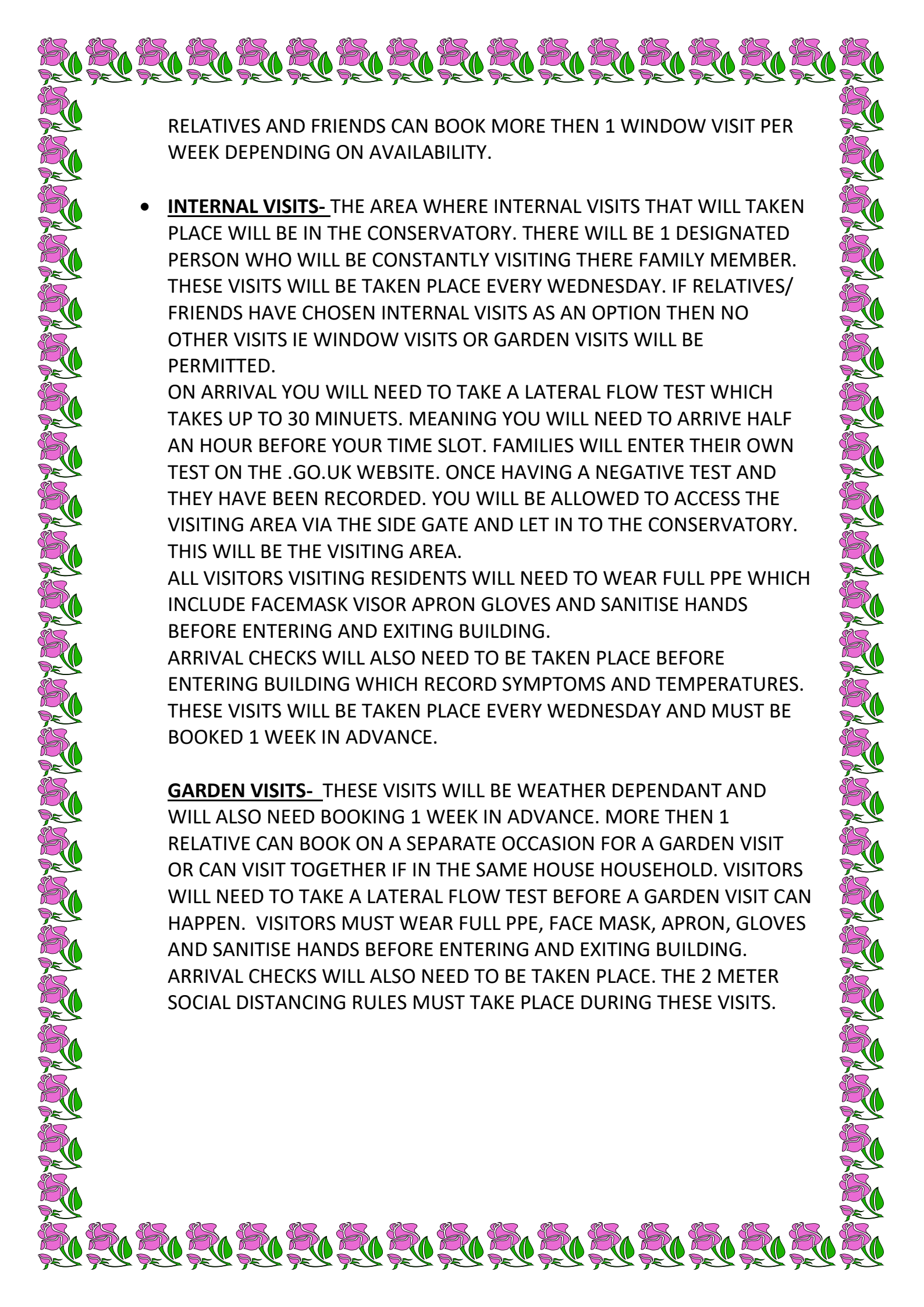


THE NEW CHANGES AS FOLLOWED ARE...

- **TELEPHONE CONTACT** – ALL RELATIVES/ FRIENDS CAN CONTACT RESIDENTS THROUGH OUR **VISITING PHONE ON 07599029903** MONDAY TO SUNDAY. WE HAVE ALSO VERY KINDLY BEEN DONATED MOBILE PHONES FROM THE NATIONAL CARE ASSOCIATION. WE HAVE BEEN GIVEN 12 MOBILE PHONES FOR RESIDENTS TO USE. IF YOU FEEL YOUR RELATIVE WOULD BENEFIT FROM THIS THEN ARRANGEMENTS CAN BE MADE WITH STEPH OR SARAH. IN ORDER FOR THESE TO WORK RELATIVES WILL NEED TO PURCHASE THEIR FAMILY MEMBER THE 02 SIM WITH THE TOP UP CREDIT TO MAKE CALLS.
- **SKYPE/ WHATSAPP/FACETIME/ VIDEO CALLS-** ALL VIDEO CALLS MUST BE BOOKED 1 WEEK IN ADVANCE. THESE BOOKINGS WILL BE MADE BY STEPH OR SARAH VIA THE VISITING PHONE.
SKYPE ADDRESS- theoast@charinghealthcare.co.uk
WHATSAPP- WE WILL NEED TO ADD YOUR PHONE NUMBER SO WE WILL BE ABLE TO ADD YOU TO OUR WHATSAPP GROUP IN ORDER TO MAKE A VIDEO CALL.
FACE TIME- WE WILL NEED TO ADD YOUR PHONE NUMBER IN ORDER TO MAKE A VIDEO CALL.
- **CLOSED WINDOW VISITS-** WINDOW VISITS CAN BE BOOKED BY MORE THEN 1 FRIEND OR RELATIVE. **THESE BOOKINGS NEED TO BE MADE 1 WEEK IN ADVANCE.** WINDOW VISITS CAN TAKE PLACE WITH MORE THEN 1 FRIEND OR RELATIVE AT ONE TIME IF THEY ARE WITHIN THE SAME HOUSE HOLD. WINDOW VISITS WILL BE AVAILABLE MON TUES THURS FRI SAT SUN FOR A 15 MINUETS TIME SLOT.

DURING WINDOW VISITS WE HAVE A VISITING PHONE AVAILABLE FOR FRIENDS A RELATIVES TO CALL OR RESIDENTS MAY WISH TO USE THERE OWN MOBILE PHONES DURING THIS TIME.

BEFORE ARRIVING TO ALL WINDOW INCLUDING RESIDENTS WITH FACE ON WINDOW VISIT RELATIVES/FRIENDS MUST WEAR THERE FACE COVERING AT THE ENTRANCE AND RING THE DOOR BELL TO INFORM THEY HAVE ARRIVED. THEY WILL THEN BE ALLOWED ACCESS THROUGH THE GARDEN TO THE VISITING AREA OR ABLE TO SEE THERE FAMILIES ON THE FRONT FACING BEDROOM WINDOWS.



RELATIVES AND FRIENDS CAN BOOK MORE THEN 1 WINDOW VISIT PER WEEK DEPENDING ON AVAILABILITY.

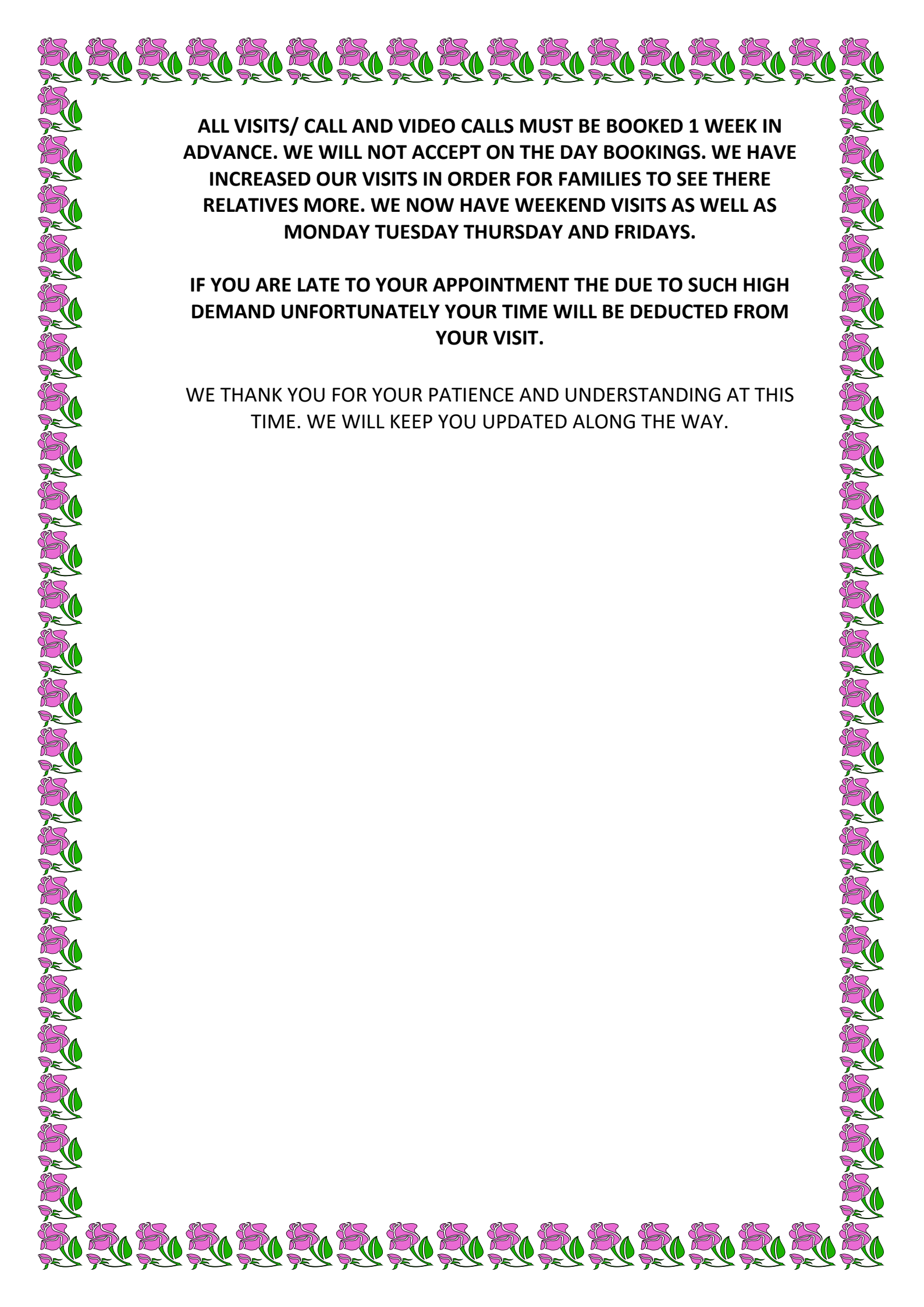
- **INTERNAL VISITS-** THE AREA WHERE INTERNAL VISITS THAT WILL TAKEN PLACE WILL BE IN THE CONSERVATORY. THERE WILL BE 1 DESIGNATED PERSON WHO WILL BE CONSTANTLY VISITING THERE FAMILY MEMBER. THESE VISITS WILL BE TAKEN PLACE EVERY WEDNESDAY. IF RELATIVES/ FRIENDS HAVE CHOSEN INTERNAL VISITS AS AN OPTION THEN NO OTHER VISITS IE WINDOW VISITS OR GARDEN VISITS WILL BE PERMITTED.

ON ARRIVAL YOU WILL NEED TO TAKE A LATERAL FLOW TEST WHICH TAKES UP TO 30 MINUETS. MEANING YOU WILL NEED TO ARRIVE HALF AN HOUR BEFORE YOUR TIME SLOT. FAMILIES WILL ENTER THEIR OWN TEST ON THE .GO.UK WEBSITE. ONCE HAVING A NEGATIVE TEST AND THEY HAVE BEEN RECORDED. YOU WILL BE ALLOWED TO ACCESS THE VISITING AREA VIA THE SIDE GATE AND LET IN TO THE CONSERVATORY. THIS WILL BE THE VISITING AREA.

ALL VISITORS VISITING RESIDENTS WILL NEED TO WEAR FULL PPE WHICH INCLUDE FACEMASK VISOR APRON GLOVES AND SANITISE HANDS BEFORE ENTERING AND EXITING BUILDING.

ARRIVAL CHECKS WILL ALSO NEED TO BE TAKEN PLACE BEFORE ENTERING BUILDING WHICH RECORD SYMPTOMS AND TEMPERATURES. THESE VISITS WILL BE TAKEN PLACE EVERY WEDNESDAY AND MUST BE BOOKED 1 WEEK IN ADVANCE.

GARDEN VISITS- THESE VISITS WILL BE WEATHER DEPENDANT AND WILL ALSO NEED BOOKING 1 WEEK IN ADVANCE. MORE THEN 1 RELATIVE CAN BOOK ON A SEPARATE OCCASION FOR A GARDEN VISIT OR CAN VISIT TOGETHER IF IN THE SAME HOUSE HOUSEHOLD. VISITORS WILL NEED TO TAKE A LATERAL FLOW TEST BEFORE A GARDEN VISIT CAN HAPPEN. VISITORS MUST WEAR FULL PPE, FACE MASK, APRON, GLOVES AND SANITISE HANDS BEFORE ENTERING AND EXITING BUILDING. ARRIVAL CHECKS WILL ALSO NEED TO BE TAKEN PLACE. THE 2 METER SOCIAL DISTANCING RULES MUST TAKE PLACE DURING THESE VISITS.



ALL VISITS/ CALL AND VIDEO CALLS MUST BE BOOKED 1 WEEK IN ADVANCE. WE WILL NOT ACCEPT ON THE DAY BOOKINGS. WE HAVE INCREASED OUR VISITS IN ORDER FOR FAMILIES TO SEE THERE RELATIVES MORE. WE NOW HAVE WEEKEND VISITS AS WELL AS MONDAY TUESDAY THURSDAY AND FRIDAYS.

IF YOU ARE LATE TO YOUR APPOINTMENT THE DUE TO SUCH HIGH DEMAND UNFORTUNATELY YOUR TIME WILL BE DEDUCTED FROM YOUR VISIT.

WE THANK YOU FOR YOUR PATIENCE AND UNDERSTANDING AT THIS TIME. WE WILL KEEP YOU UPDATED ALONG THE WAY.