# Hillbeck Newsletter

#### March 2021

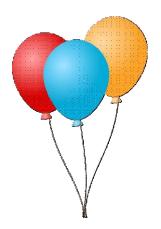
We hope you enjoy reading about all the exciting things that happen at Hillbeck and what we have coming up.





## Residents celebrating their birthday this month are...

Margaret - 21st Sally - 26th Hilary - 29th



#### **Internal Activities**

We have a range of activities taking place every morning and afternoon... These include Bingo, Arts & Crafts, Quiz's, Sing-a-longs, Armchair workouts, Games and much more.

#### Quote of the Month

Kindness can transform someone's dark moment with a blaze of light... You'll never know how much your caring matters... Make a different for others today...

### Getting to know our staff

"Some of our wonderful team"





#### Hillbeck News

We have slowly got back to normal and with everyone back in the lounge activities have been flowing.

For Valentines we made hearts out of wool and paper. Every resident was asked what love means to them. We had lots of answers of families and babies.

We had a cosy film day while we had the snow. All wrapped up under blankets with tea and biscuits

We have been enjoying Bingo, sing-a-longs, lots of floor games and puzzles.

It's lovely to see familiar faces back at our window for visits. It's all going in the right direction for us to hopefully see our families more after what is coming up to a year in lockdown.

Hopefully just a bit longer and we will meet again.















