

The Oast Newsletter

FEBRUARY 2021



RESIDENTS CELEBRATING THEIR BIRTHDAY THIS MONTH ARE...

REGINA 26TH

GILL 26TH





QUOTE OF THE MONTH

**IN FEBRUARY THERE
IS EVERYTHING TO
HOPE FOR AND
NOTHING TO REGRET**

“

*Be kind,
whenever possible.
It is always possible.*

WHAT HAVE WE BEEN UP TO....

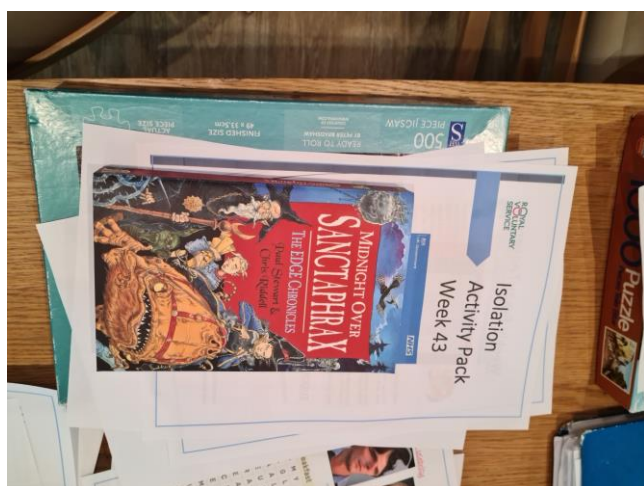
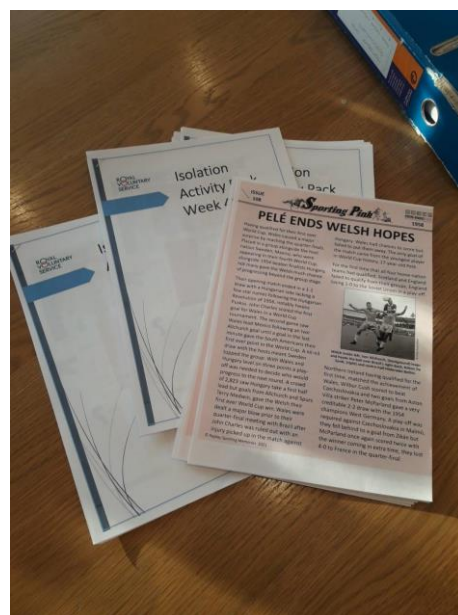
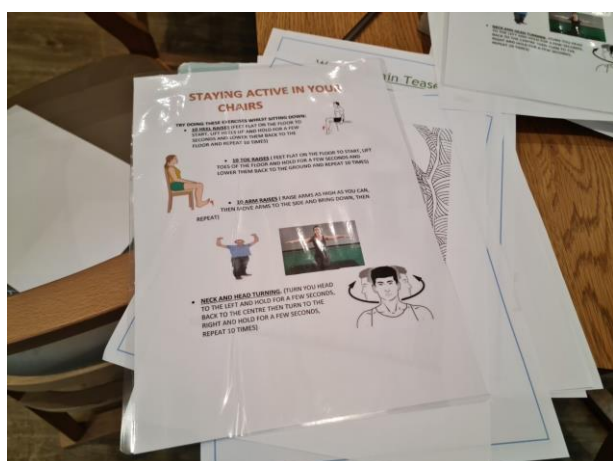
THE YEAR IS IN FULL SWING AND THE RESIDENTS ARE BUSY HAVING FUN. IN JANUARY WE CELEBRATED A 90TH BIRTHDAY. WE MADE CALENDARS TO SEND HOME TO FAMILIES. WE'VE PLAYED LOTS OF GAMES, KEPT FIT EXERCISING AND WON PRIZES ON THE BINGO. THIS MONTH WE HAVE BEEN PLAYING THE GAME WHO WANTS TO BE A MILLIONAIRE. WE HAVE COME CLOSE A FEW TIMES AND REACHED A WHOOPING £50,000.

THIS MONTH SARAH AND STEPH TREATED THE RESIDENTS TO FOOT SPAS! THEY GOT TO SOAK THERE FEET IN WARM BUBBLY WATER, HAVE THEM WASHED, EXFOLIATED, MOISTURIZED AND MASSAGE. NEEDLESS TO SAY EVERYONE LOVED IT. WE HAVE DECIDED TO TRY AND DO IT QUITE OFTEN. STEPH AND SARAH WILL ALSO BE KEEPING ON TOP FOR THE NAIL PAINTINGS AND FILING UNTIL THE NAIL TECHNICIAN IS ALLOWED BACK.

WE CELEBRATED BURNS NIGHT BY DRESSING UP IN WHITE/BLEU/TARTAN. WE TRIED DIFFERENT SCOTTISH FOOD, PLAYED GAMES, LEARNED FACTS AND DONE A SCOTTISH QUIZ.

COVID UPDATE

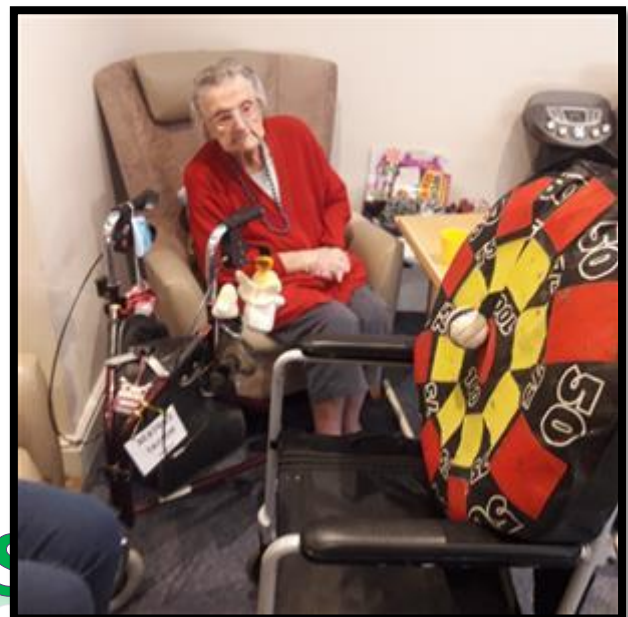
TO HELP KEEP RESIDENTS SAFE WE ARE ONLY HAVING A FEW RESIDENTS IN THE LOUNGE AT A TIME AND GETTING THEM TO SPEND TIME IN THEIR ROOMS. STEPH AND SARAH HAVE BEEN GIVING ONE TO ONE TIME WITH THE RESIDENTS IN THEIR ROOMS AND CREATING ACTIVITY PACKS FOR THEM TO DO WEEKLY. WORD SEARCHES, CROSSWORDS, GAMES, PUZZLES, READING BOOKS ETC. **WE ARE ASKING FOR YOU TO BRING IN MAGAZINES AND NEWSPAPERS WE CAN USE FOR THEM TO READ IN THEIR ROOMS.**

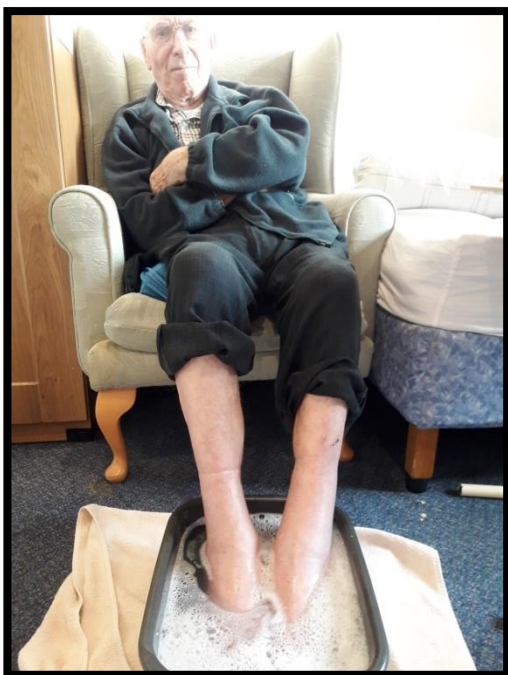


ARTS AND CRAFTS



GAMES





STAFF OF THE MONTH

WELL DONE TO.....
Louise Stocker



For all the hard work you do for the home
and being such a supportive manager

WE ARE LOOKING FOR
DONATIONS OF
MAGAZINES AND
NEWSPAPERS FOR
RESIDENTS TO HAVE



COMING UP.....

This month we will be CELEBRATING valentines with our valentine ball. Residents will be drinking love potions and eating melted chocolate with strawberries.

We will be CELEBRATING Pancake Day with a choice of toppings on their pancakes.

This month is also the CELEBRATIONS of Chinese New Year. This year is the year of the ox. Residents will be making Chinese Lanterns, arts and crafts and we will be tasting Chinese food one day and ordering a Chinese takeaway on the 19th February.

VISITS

**WINDOW VISITS WILL BE CARRYING ON
AS NORMAL. PLEASE PRE BOOK IN
ADVANCED. WE WILL KEEP YOU
UPDATED ABOUT ANY CHANGES.
SARAH OR STEPH WILL GO THROUGH THE
PROCEDURES WITH YOU WHEN YOU
ARRIVE. VISITS ARE ALL 15 MINUTES.
WITH REGARDS TO SKYPE CALLS THESE
NEED TO BE PRE BOOKED AND ARE ALSO
15 MINUTES.
IF FOR ANY REASON YOU ARE UNABLE TO
ATTEND COULD YOU KINDLY PHONE
THROUGH TO THE OFFICE. IF YOU ARE
LATE THIS WILL UNFORTUNATELY BE
DEDUCTED FROM YOUR TIME SLOT.**

**PLEASE REMEMBER WHEN RESIDENTS
RETURN FROM HOSPITAL THEY ARE NOT
ALLOWED VISITORS DUE TO ISOLATION.**