## Hillbeck Newsletter



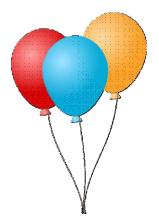
We hope you enjoy reading about all the exciting things that happen at Hillbeck and what we have coming up.



## Residents celebrating their birthday this month are...

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Dorothy – 9th



## **Internal Activities**

We have a range of activities taking place every morning and afternoon... These include Bingo, Arts & Crafts, Quiz's, Sing-a-longs, Armchair workouts, Games and much more.

## Quote of the Month

You can't imagine the impact of dementia until you have experienced it with the one you love the most....



We would like to congratulate Sophie the kitchen porter for working at Hillbeck for an amazing 10 years.

Well done Sophie





November brought us Remembrance Day, so it was time to get out the red tissue paper and make some Poppy arts and crafts all ready to display.

At 11am on the 11<sup>th</sup> November Hillbeck fell silent for 2 minutes... even the buzzers stopped.

Afterwards we iced and decorated cupcakes with rice paper poppy toppers which everyone enjoyed as an afternoon snack.

We could play bingo everyday if some of our residents could choose, it's still the top activity with singing a close second but as Christmas approaches we will be starting to do more arts and crafts. Some residents just like to watch whilst others are happy to get a bit sticky.

I'm sure lots of Christmas carols will be sung when the decs go up on the 1st!

Skyping and window visits are still doing well and along with the residents we all enjoying seeing you all.

We have Christmas raffle ticket for sale in reception... all monies go into our residents funds.

We would like to thank one of the resident's daughter for the kind donation of arts and crafts supplies and jigsaw puzzles... they are much appreciated.

Again we would like to thank everyone who has brought in chocolates, biscuits and sweets for the staff....
It is always appreciated.





