

# Hillbeck Newsletter

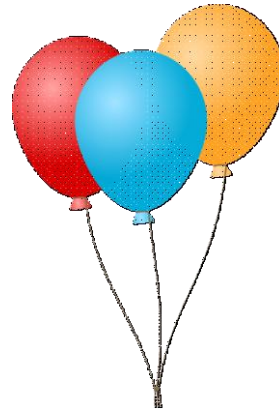
November 2020

We hope you enjoy reading about all the exciting things that happen at Hillbeck and what we have coming up.



## Residents celebrating their birthday this month are...

John - 14<sup>th</sup>  
Gladys - 16<sup>th</sup>



## Internal Activities

We have a range of activities taking place every morning and afternoon. These include Bingo, Arts & Crafts, Quiz's, Sing-a-longs, Armchair workouts, Games and much more.

## Quote of the Month

You can't go back and change the beginning, but you can start where you are and change the ending.

## Getting to know our staff

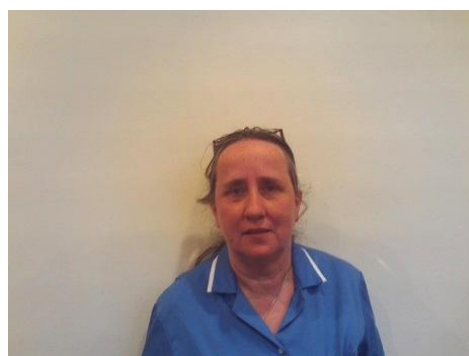
### “Employees of the Month”



Kerry



Tahmina



Angela

All staff have been working incredibly hard  
and we thank you all.



## Hillbeck News

Rain rain go away! We've hit October and the skies have opened and the heating is on!

We have been doing Halloween arts and crafts this month. Our ladies and gentlemen have been enjoying some sticking, gluing and colouring... This is all good hand-eye coordination!

Bingo, cards, puzzles and board games are all going on. But I find what our residents enjoy the most is our little one to one chats. All I can say is I now know a few of your secrets..... 😊

Paula our chiropodist and Andrew the barber have been working their magic in the reception area. And Pam our hairdresser has been making our ladies looking their best.

It's been lovely as always to see families on the Skype calls and for window visits. It's always so nice to see big smiles on our resident's faces.



