

# The Vale Newsletter

June 2020



Our resident's birthdays this month are Hazel, Ann and Jean, we are sorry you can't be here with them but we shall make it as special as we can.

# June 2020 Entertainment

## Week beginning 1st June 2020

**Monday** one to one activities throughout the morning and in the afternoon we are celebrating Hazels birthday.

**Tuesday** My Life History one to one sessions throughout the day

**Wednesday** In the Morning we have a quiz with tuck shop and in the afternoon a pet therapy session with our guinea pigs.

**Thursday** Garden visits (weather permitting) throughout the day and in the afternoon we shall celebrate Ann's birthday with tea and cakes.

**Friday** pamper day for all our residents with our foot spas

**Saturday** Old film day and treats

**Sunday** staff sing- along in the afternoon

## Week beginning 8th June 2020

**Monday** Music Through the Ages and Quiz in the morning then Activities anything goes in the afternoon

**Tuesday** garden visits (weather permitting)

**Wednesday** In the morning there is a church service conducted by Lee, passage read from the bible, hymns and discussions. In the afternoon pet therapy session with our guinea pigs.

**Thursday** Armchair exercises with staff

**Friday** In the Morning Music motivation and quiz with instruments then in the Afternoon discussions about the royal family and a special tea party for Jean to celebrate her birthday.

**Saturday** All residents and staff celebrate the Queens birthday with a British quiz in the morning leading on to a party with cakes in the afternoon.

**Sunday** Morning Life History and one to one chats ad in the afternoon  
foot spa sessions

### **Week beginning 15<sup>th</sup> June 2020**

**Monday** Garden visits throughout the day and board games in the afternoon

**Tuesday** In the Morning guess the phrase game and in the afternoon gentlemen's club with interactive games on the i-pad

**Wednesday** In the Morning we have pet therapy sessions then in the afternoon a residents meeting with treats and refreshments at 2:30pm

**Thursday** Pamper day for all our residents entailing hand massages and foot spas

**Friday** In the Morning we have one to one sessions with all staff then in the afternoon armchair exercise

**Saturday** One to one My Life History sessions with staff throughout the day

**Sunday** Old film day with snacks and treats

### **Seaside Week beginning 22<sup>nd</sup> June 2020**

**Monday** In the morning we have a seaside sing-along then in the afternoon seaside related quiz.

**Tuesday** In the Morning we have one to one session with My Life History  
In the Afternoon warm doughnuts and old seaside town discussions

Wednesday Garden visits throughout the day (weather permitting)

Thursday In the morning we have armchair beach ball exercise with staff then in the afternoon ice cream and sing-along with staff

Friday one to one sessions with staff in the morning then in the Afternoon bingo games with prizes

Saturday one to one my life history session with staff throughout the day

Sunday hand massages and manicures given by staff throughout the day

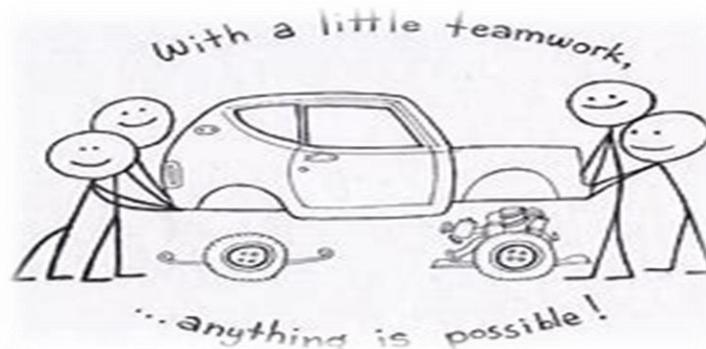
### Week beginning 29<sup>th</sup> June 2020

Monday Ball motivation game with Lee in the morning and in the afternoon dress up with staff and dance along to music through the ages

Tuesday In the morning pet therapy than gentleman's club in the afternoon with cards and dominos.

There has been no employee of the month at The Vale due to all staff working so hard during the pandemic we are facing we could not choose any individual as they have all worked so hard.

Thank you to all staff members at The Vale for your hard work and commitment!!



Please call the Vale before you skype your loved one, due to high volume of calls coming in we are trying to ensure we are always near the device to take your call.

We understand that this is a hard time for all family, friends, loved ones and our residents; but we will continue to follow government guidance to ensure our residents remain safe. We would like to thank you all for all your kind works, cakes and treats and support you have given.

We would like to say a special thank you to little Jack who made a poster to thank all care workers at The Vale. Thank you Jack, you have made us all smile at The Vale!!



What have we been up to over the May 2020 period?





Our residents have enjoyed various activity's this past month ranging from quizzes, sing-alongs, arts and crafts and garden fun.

If you have any questions for The Vale please call and speak with Jade the Home Manager who will be happy to assist you.



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