

# Typical Weekly Menu

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>	<i>Sunday</i>
A Selection of Juices (Orange, apple etc.) as well as Tea & Coffee.	A Selection of Juices (Orange, apple etc.) as well as Tea & Coffee.	A Selection of Juices (Orange, apple etc.) as well as Tea & Coffee.	A Selection of Juices (Orange, apple etc.) as well as Tea & Coffee.	A Selection of Juices (Orange, apple etc.) as well as Tea & Coffee.	A Selection of Juices (Orange, apple etc.) as well as Tea & Coffee.	A Selection of Juices (Orange, apple etc.) as well as Tea & Coffee.
A Selection of Cereals or Porridge.	A Selection of Cereals or Porridge.	A Selection of Cereals or Porridge.	A Selection of Cereals or Porridge.	A Selection of Cereals or Porridge.	A Selection of Cereals or Porridge.	A Selection of Cereals or Porridge.
White or Brown Toast served with Jam or marmalade.	White or Brown Toast served with Jam or marmalade.	White or Brown Toast served with Jam or marmalade.	White or Brown Toast served with Jam or marmalade.	White or Brown Toast served with Jam or marmalade.	White or Brown Toast served with Jam or marmalade.	White or Brown Toast served with Jam or marmalade.
Grilled Bacon, Sausages, Eggs and tomatoes.	Grilled Bacon, Sausages, Eggs and tomatoes.	Grilled Bacon, Sausages, Eggs and tomatoes.	Grilled Bacon, Sausages, Eggs and tomatoes.	Grilled Bacon, Sausages, Eggs and tomatoes.	Grilled Bacon, Sausages, Eggs and tomatoes.	Grilled Bacon, Sausages, Eggs and tomatoes.
Fresh Fruit, apples, bananas etc. are available.	Fresh Fruit, apples, bananas etc. are available.	Fresh Fruit, apples, bananas etc. are available.	Fresh Fruit, apples, bananas etc. are available.	Fresh Fruit, apples, bananas etc. are available.	Fresh Fruit, apples, bananas etc. are available.	Fresh Fruit, apples, bananas etc. are available.

## Lunch

Lamb Casserol with Cream Pots, Swede & Broccoli	Mince Beef Cobbler Mash with Peas and Cauliflower	Boiled Bacon with New Potatoes, Carrots and Peas	Chicken A La King Saute Pots or Rice and Mixed Veg	Fish Oven with Chips and Peas	Steak and Kidney Pie with Creamed Potatoes, Carrots and Cabbage	Roast Turkey with Roast Potatoes, Parsnips and Sprouts
Or	Or	Or	Or	Or	Or	Or
Sausages with Veg of the Day	Cod in Parsley Sauce with Veg of the Day	Spanish Omelette with Boiled Potatoes & Salad	Corn Beef & Pickles With Saute Pots & Mixed Veg	Poached Fish with Mashed Potatoes & Peas	Jacket Potato and Cheese with Side Salad	Liver and Bacon
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Pears and Chocolate Sauce	Fruit with Ice Cream or Custard	Apricot Crumble with Custard	Jam Sponge and Custard	Bread and Butter Pudding with Custard	Rice Pudding with Jam	Seasonal Fruit Meringue with Cream

## Dinner

Cheese & Potato Pie with Ratatouille or Beans	Pasta Bake	Soup with a Roll	Spaghetti on Toast	Corn Beef Hash and Tinned Tomatoes	Hot Dog with Onions and Beans	Soup with a Roll
Or	Or	Or	Or	Or	Or	Or
Ham and Tomato Sandwiches	Egg Mayonnaise Sandwiches	Mixed Sandwiches and Sausage Roll	Savoury Vegetable Slice and Salad	Cheese and Pickle Sandwiches	Luncheon Meat Salad or Sandwiches	Buffet Tea
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Jam Doughnut	Coffee Cake	Trifle	Victoria Sponge	Fruit and Instant Whip	Scone and Butter	Fruit Cake