

# Typical Weekly Menu

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>	<i>Sunday</i>
A Selection of Juices (Orange, apple etc.) as well as Tea & Coffee.	A Selection of Juices (Orange, apple etc.) as well as Tea & Coffee.	A Selection of Juices (Orange, apple etc.) as well as Tea & Coffee.	A Selection of Juices (Orange, apple etc.) as well as Tea & Coffee.	A Selection of Juices (Orange, apple etc.) as well as Tea & Coffee.	A Selection of Juices (Orange, apple etc.) as well as Tea & Coffee.	A Selection of Juices (Orange, apple etc.) as well as Tea & Coffee.
A Selection of Cereals or Porridge.						
White or Brown Toast served with Jam or marmalade.	White or Brown Toast served with Jam or marmalade.	White or Brown Toast served with Jam or marmalade.	White or Brown Toast served with Jam or marmalade.	White or Brown Toast served with Jam or marmalade.	White or Brown Toast served with Jam or marmalade.	White or Brown Toast served with Jam or marmalade.
Grilled Bacon, Sausages, Eggs and tomatoes.						
Fresh Fruit, apples, bananas etc. are available.						

## Lunch

Lamb Casserole with Creamed Potatoes, Swede and Broccoli	Spaghetti Bolognese and Garlic Bread	Corned Beef Hash with Carrots and Peas	Steak Pie with New Potatoes and Mixed Vegetables	Fish and Chips with Peas	Cottage Pie with Carrots and Cabbage	Roast Turkey with Roast Potatoes, Parsnips and Sprouts
Or	Or	Or	Or	Or	Or	Or
Sausages with Veg of the Day	Southern Fried Chicken with Fries and Sweetcorn	Spanish Omelette with Boiled Potatoes & Salad	Cold Meats with New Potatoes and Salad	Cheese and Potato Bake with Peas	Jacket Potato and Chilli with Side Salad	Liver and Onions with Creamed Potatoes and Vegetables
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Pears and Chocolate Sauce	Fruit with Ice Cream or Custard	Apple Crumble and Custard	Jam Sponge and Custard	Bread and Butter Pudding with Custard	Rice Pudding with Jam	Seasonal Fruit Meringue with Cream

## Dinner

Cheese Omelette with Salad	Beans on Toast	Soup with a Roll	Spaghetti on Toast	Egg Salad	Hot Dog with Onions and Beans	Soup with a Roll
Or	Or	Or	Or	Or	Or	Or
Ham and Tomato Sandwich	Egg Mayonnaise Sandwich	Mixed Sandwiches	Cheese on Toast	Cheese and Pickle Sandwiches	Ham Salad or Sandwiches	Buffet Tea
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Jam Doughnut	Coffee Cake	Trifle	Victoria Sponge	Fruit and Instant Whip	Scone and Butter	Fruit Cake