

# Woodside Newsletter

July 2019 Issue 54

*Welcome to Woodside's July newsletter, we hope you all enjoy! We would like to welcome any recommendations you may have to add into our monthly newsletter. For example; poems, short stories, jokes or any other comments.*



**This month the topic of the month is:  
Countries, flags and traditions**

# July Entertainment

2<sup>nd</sup> Richard – Peaceful and healing music

4<sup>th</sup> – Bingo at 10am

9<sup>th</sup> – Fitness at 13.30pm

11<sup>th</sup> – Trip out to Deal

12<sup>th</sup> – Music entertainment with Rick

17<sup>th</sup> – Ukajazza, this is a new entertainment which we are looking forward too! and Music entertainment with their small lap dog Missy!

14.00pm

19<sup>th</sup> – Music entertainment with Rob at 14.00pm

23<sup>rd</sup> – Fitness at 13.20pm

28<sup>th</sup> – Church service at 15.00pm

31<sup>st</sup> – Country Blues at 14.00pm





Please do consult the activity timetable situated by main lounge doors for further information on activities or see Sarah our activities co-ordinator.



We would like to thank all for the very kind donations that helped towards our garden. Our garden is looking wonderful and everyone is enjoying sitting out and enjoying the sunshine. We have a lovely sensory fence, herb fence, lots of different potted plants and we are also growing strawberries. We all enjoy being outside.

As many of you are aware, we are having an extension built at Woodside. This work has now begun which we are very much excited about! As the building work continues at Woodside we apologise for any inconvenience that is being caused in this process. If you have any concerns regarding

the building work please feel free to see Tracey, the manager. We are very much excited for the end result. The foundations are now in process and the building work is making great progress!



This month for our newsletter we have received a lovely poem from one of our visitor here at woodside which wed like to share with you ...

### **Keep Smiling**

**Yesterday I was your sister, today I am your lovely dad  
Dementia causes so much pain & continuously makes me sad,  
Tomorrow I may be your mum again or even someone new  
This disease is killing ME as it slowly takes away YOU,  
When I come to visit you, you smile and jump up from your seat  
But when I leave, I feel sad inside, consumed heavily with defeat,  
I miss so many things mum, that you and I once shared  
I miss the love you gave me and everything that showed you cared,  
I take you out for coffee & cake and 20 times remind you to eat  
I cover up & apologise for the mistakes you make with people you  
meet,**

In April you ask about Christmas & for help to write your cards  
In October you ask about Easter & I'm finding this really hard,  
In winter when its cold and wet, you say 'it's a lovely day'  
And in the warm summer months 'this weather is awful' you say,  
Mum I don't know what our future holds, or how long it will last  
But for both of us dear mum, I will try and remember our past,  
Your brain is 'overload' confusion and will never be the same  
But as long as we keep smiling, a part of you will always remains

X x X

Well done to all staff who are currently training and to those already completed. We welcome all of our new staff to Woodside!

