

# The Oast Newsletter

FEBRUARY 2019



RESIDENTS CELEBRATING THEIR BIRTHDAYS THIS  
MONTH ARE....

26<sup>TH</sup> REGINA



# Quote of The Month

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hello february

When you love  
what you have,  
you have  
everything  
you need.

## WHATS ON IN JANUARY 2019?

6<sup>TH</sup>

SINGER- JASMINE  
SONGS FROM SHOWS  
2PM

7<sup>TH</sup>

RESIDENT FORUM /  
FRANCIS SELLING ALOE VERA PRODUCTS

11<sup>TH</sup>

ANDREW THE BARBER/ PERFORMING FOR US

14<sup>TH</sup>

CHURCH SERVICE-MORNING  
KEVIN WALSH 1:30 PM  
(WEAR RED DAY £1 DONATION)

25<sup>TH</sup>

MUSIC 4 HEALTH

26<sup>TH</sup>

PARTY AT THE VALE

WEEKLY ACTIVITIES INCLUDING:  
NAILS AND HAND MASSAGES  
ARM CHAIR EXCERSISING  
BINGO  
ONE TO ONES  
HAIRDRESSER  
GAMES  
QUIZ

## GETTING TO KNOW OUR STAFF

In the spotlight this month....

Holly



HOW LONG HAVE YOU WORKED AT THE OAST FOR?  
ABOUT 10 MONTHS

WHAT IS YOUR FAVOURITE MEMORY FROM WORKING  
HERE?

HAVING FUN IN THE CHRISTMAS PANTO WITH THE  
STAFF AND SEEING ALL THE RESIDENTS LAUGHING

WHAT IS THE BEST THING ABOUT WORKING AT THE  
OAST?

I LOVE SEEING EVERYONES FACES EVERYDAY

## WHAT HAVE WE BEEN UP TO??

THIS MONTH WE WELCOMED OUR NEW BABY ANNABELLE. WE ARE USING HER AS PART OF DOLL THERAPY. WE HAVE BEEN DOING SOME RESEARCH ABOUT THE BENEFITS OF USING DOLLS AND IT HAS A CALMING EFFECT ON RESIDENTS WITH ALZHEIMERS. IT CAN HELP THEM FEEL SOOTHED WHEN HOLDING A BABY. IT'S A CALMING ACTIVITY THAT CAN BRING DOWN TENSION DURING A STRESSFUL SITUATION. THE ACT OF HOLDING, ROCKING AND SWAYING A BABY DOLL CAN ALLOW YOUR LOVED ONES TO HAVE A SENSE OF SERENITY AGAIN.



WE HAVE HAD THE PLEASURE OF HAVING ELVIS PRESLEY IN THIS MONTH, KEVIN WALSH AND AN ALADIN PANTOMINE.



# OUTINGS THIS MONTHS TO NOTCUTTS



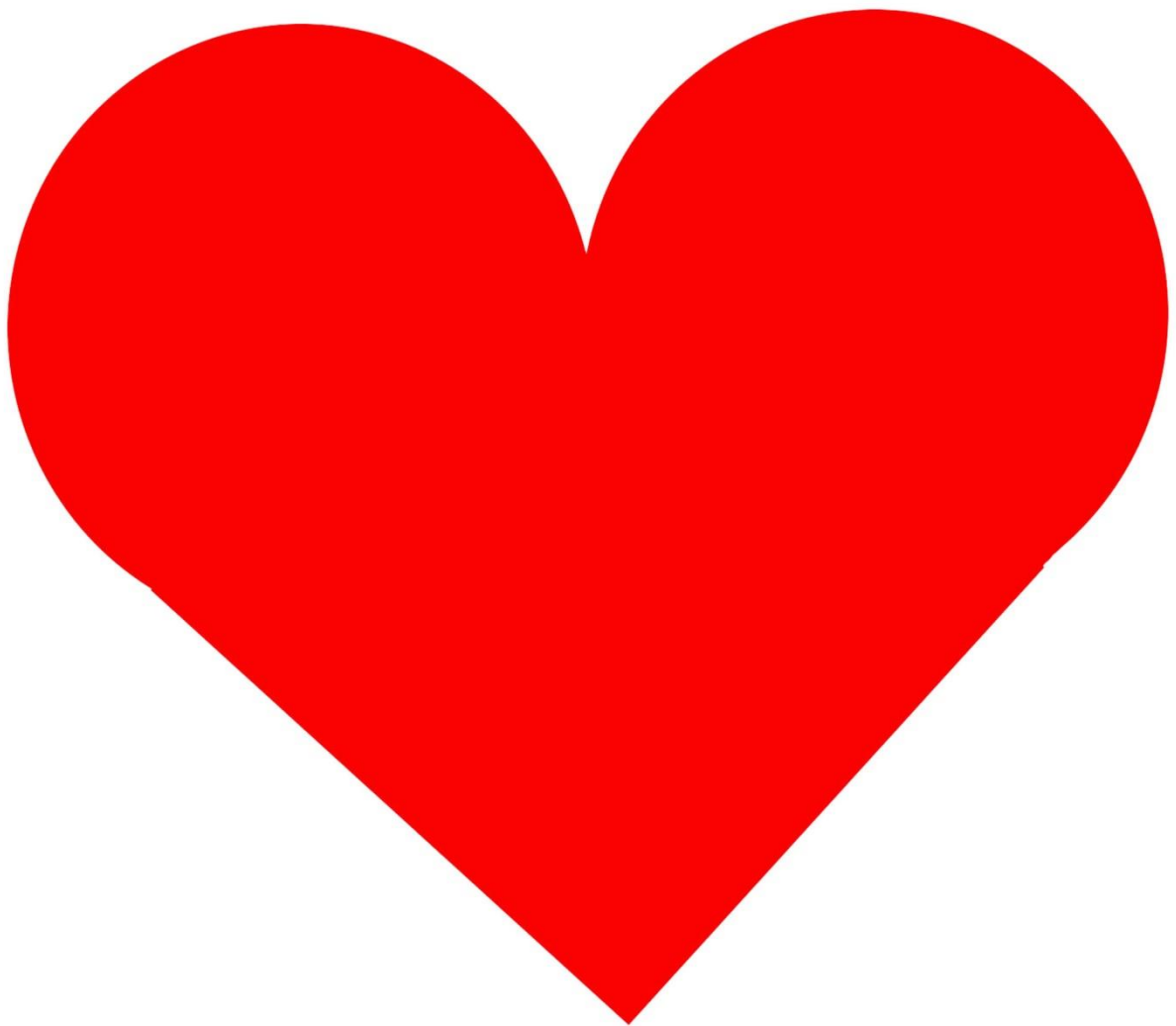




THIS MONTH WE HAD A FUND RAISER FOR A DEAR FRIEND OF OURS CALLED TRACEY WHO HAS SADLY BEEN DIAGNOSED WITH TERMENAL CANCER. WE ALL HAD A LOVELY AFTERNOON SINGING ALONG WITH KEVIN WALSH AND DRESSED UP AS PEOPLE FROM THE 80'S. WE SOLD CAKES AND PLAYED GAMES AND MANAGE TO RAISE AN IMPRESSIVE £100.



THURSDAY 14<sup>TH</sup> FEBRUARY WE ARE HAVING A  
WEAR RED DAY FOR STAFF AND RESIDENTS . £1  
DONATION TO HELP RAISE MONEY FOR OUR  
RESIDENT FUND. WE WILL HAVE KEVIN WALSH  
SINGING FOR US AT 1:30 TIL 2:30 AND  
CELEBRATING WITH CAKES AFTERWARDS



## THANK YOU FOR ALL YOUR SUPPORT

We are also now using electronic care plan devices to log all daily activities and records.

These do look like phones, but will have a green lanyard attached to them to make them stand out.

These are replacing the majority of our paperwork, which means we are able to spend more time with our residents.

If you have any concerns with these devices, please come and speak to us and we would be happy to talk you through them.

We were overwhelmed by your donations and support last month. We are asking for donations of arts and crafts items, we appreciate anything from paper, paints to paint brushes. Thank you.

As ever we welcome you to let us know of any comments, suggestions or niggles you may have. Please make use of the comments box in the entrance.

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