

Blair Park Newsletter

April 2018 Issue

Originally built in the 18th century, Blair Park was formally used as a doctor's surgery before it was sympathetically converted into a care home for the elderly. Blair Park has grown over the years, but still retains a warm, welcoming, family atmosphere.



Residents celebrating
their birthday this
month are...

Daphne W 25th April

April 2018 Entertainment



19 April 2018 – 2.00 pm

Jason Allen - Sway

23 April 2018 – 2.30 pm

Joy Dey – St George's Day Celebrations



Getting to know our staff

In the spotlight this month...

Angie Rumley – Deputy Manager



How long has Angie been at Blair Park?

I have been at Blair Park for 17 years starting as a carer and working my way up to where I am today.

What do you like most about your role at Blair Park?

The thing I like most is to be able to build up a rapport with our service users and to help them feel safe and at home.

What do you like most about your role at Blair Park?

I like to watch the service users' faces light up when enjoying themselves.

Activities from March

Here are some photos of the residents taken during St Patrick's Day.



Here are some photos of the residents taken during an Easter Bonnet making session.



All families and friends are welcome do come along and participate in any of the activities and entertainment.

If you wish to have dinner / tea with your loved one, please let us know so we can accommodate a meal for you.

Weekly Plan of Activities

Films and comedies or the residents' choice are offered to them in the conservatory every day. Music in the Primrose suite is offered to the residents and they are asked what their preference is.

Below is a plan of activities offered to the residents every day. Each day's activities are subject to change due to residents' choice at that time.

DAY	TIME	ACTIVITY
Monday	9.30 – 11.30 am	Cinema Manicures / Pamper Sessions 
	1.00 – 4.30 pm	Bingo Puzzles & Board Games
Tuesday	9.30 – 11.30 am	Movement to Music Chair Exercise
	1.00 – 2.00 pm	Outings (weather permitting)
	2.00 – 4.30 pm	Sing-a-long 1 – 1 Activities
Wednesday	9.30 – 11.30 am	Knitting Circle Arts & Crafts 
	1.00 – 2.00 pm	Balloon Table Tennis
	2.00 – 4.30 pm	Sing-a-long Memory Lane with Music
Thursday	9.30 – 11.30 am	Board Games / Puzzles 1 – 1 Activities 
	1.00 – 4.30 pm	Quiz Time & Cream Teas
Friday	9.30 – 11.30 am	Baking 1 – 1 Activities / Board games & puzzles
Saturday	Family & friends visiting time	
Sunday	Family & friends visiting time	

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