

Typical Weekly Menu

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
A Selection of Juices (Orange, apple etc.) as well as Tea & Coffee.	A Selection of Juices (Orange, apple etc.) as well as Tea & Coffee.	A Selection of Juices (Orange, apple etc.) as well as Tea & Coffee.	A Selection of Juices (Orange, apple etc.) as well as Tea & Coffee.	A Selection of Juices (Orange, apple etc.) as well as Tea & Coffee.	A Selection of Juices (Orange, apple etc.) as well as Tea & Coffee.	A Selection of Juices (Orange, apple etc.) as well as Tea & Coffee.
A Selection of Cereals or Porridge.	A Selection of Cereals or Porridge.	A Selection of Cereals or Porridge.	A Selection of Cereals or Porridge.	A Selection of Cereals or Porridge.	A Selection of Cereals or Porridge.	A Selection of Cereals or Porridge.
White or Brown Toast served with Jam or marmalade.	White or Brown Toast served with Jam or marmalade.	White or Brown Toast served with Jam or marmalade.	White or Brown Toast served with Jam or marmalade.	White or Brown Toast served with Jam or marmalade.	White or Brown Toast served with Jam or marmalade.	White or Brown Toast served with Jam or marmalade.
Grilled Bacon, Sausages, Eggs and tomatoes.	Grilled Bacon, Sausages, Eggs and tomatoes.	Grilled Bacon, Sausages, Eggs and tomatoes.	Grilled Bacon, Sausages, Eggs and tomatoes.	Grilled Bacon, Sausages, Eggs and tomatoes.	Grilled Bacon, Sausages, Eggs and tomatoes.	Grilled Bacon, Sausages, Eggs and tomatoes.
Fresh Fruit, apples, bananas etc. are available.	Fresh Fruit, apples, bananas etc. are available.	Fresh Fruit, apples, bananas etc. are available.	Fresh Fruit, apples, bananas etc. are available.	Fresh Fruit, apples, bananas etc. are available.	Fresh Fruit, apples, bananas etc. are available.	Fresh Fruit, apples, bananas etc. are available.

Lunch

Cottage Pie with Creamed Potatoes and Mixed Vegetables	Chicken Chasseur with Creamed Potatoes, Runner Beans and Swede	Roast Beef with Road Potatoes, Carrots and Cabbage	Sliced Gammon with Mashed Potatoes, Cauliflower and Cabbage	Fish and Chips with Peas	Steak and Kidney Pudding with Boiled Potatoes and Mixed Vegetables	Roast Turkey with Roast Potatoes, Parsnips and Sprouts
Or	Or	Or	Or	Or	Or	Or
Jacket Potato with Chilli and Cheese	Sausages with Veg of the Day	Salmon Fish Cakes with Salad and Chips	Liver Hot Pot with Veg of the Day	Cheese Omelette with Chips	Chicken Drummers	Fish Pie
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Plum Crumble and Custard	Apple and Sultana Pie with Custard	Bread and Butter Pudding with Custard	Rhubarb Crumble and Custard	Rice Pudding with Jam	Pears and Chocolate Custard	Syrup Sponge and Custard

Dinner

Cold Meat Salad	Bacon and Tomato Bap	Home Made Soup with Bread and Butter	Cheese and Potato Pie with Tomato	Broccoli and Cauliflower Cheese with Bacon	Chipolatas with Onions and Mash Potato	Home Made Soup with Bread and Butter
Or	Or	Or	Or	Or	Or	Or
Ravioli Bake with Salad	Boiled Eggs with Hot Buttered Toast	Corn Beef and Tomato Sandwiches	Spaghetti on Toast	Jacket Potato with Beans	Cheese Salad or Sandwiches	Savoury Mixed Sandwiches with Crisps
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Madeira Cake	Scone with Jam & Cream	Victoria Sponge	Chocolate Cake	Fruit and Ice Cream	Coconut Cake	Gateau